

# [(Essentials of Clinical Genetics in Nursing Practice)] [Author: Felissa R. Lashley] published on (December, 2006)

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It is no longer possible to practice as a nurse or be a nursing student without encountering some basic genetics. Genetic factors can cause disease or affect an individual's susceptibility and resistance to disease and even to treatment. To provide the best nursing care, it is therefore essential that practitioners and students have a basic knowledge of the science of genetics and how it affects the major areas of nursing expertise. Felissa Lashley has created this guide specifically for nurses, both those who did not have the benefit of a genetic education and students currently encountering genetics in their learning. In a quick, succinct introduction, it covers the basics of the science, from molecular concepts in biology to types of genetic disorders and the prevention, testing, and treatment of genetic disease. From there Dr. Lashley takes a look at the major nursing tracks: pharmacology, histories and physical assessments, obstetrics, pediatrics, surgical nursing, psychiatry, and public health. Each chapter examines how genetics informs treatment, management, and practice and each is intended to further the development of a nurses' "genetic eye" in their critical, daily care of patients.



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