



Meditations for Awakening

Larry Moen

Download now

[Click here](#) if your download doesn't start automatically

Meditations for Awakening

Larry Moen

Meditations for Awakening Larry Moen

Meditations for Awakening is a collection of guided imageries to help individuals awaken to higher consciousness, and tap talents hidden within. By opening the inner frontier one will also utilize the power of visualization to improve physical and emotional health.

This book explores the Light and Dark side of the personality allowing acknowledgment and acceptance equally. This enables the sightful one to exist wholly in Divine Energy without encumbrances of the past. It is not easy, but anything worth while seldom is. Like brushing teeth, the more it is done the less thought is involved.

The Light category which contains God, Love and Truth is the basis for feeling. It's Dark duality contains the opposite which reflects Satan, Hate and Deceit and is the basis for emotion. Without motion matter does not exist. Motion or emotion is a vital ingredient to obtain its link with feeling. The two constantly move within themselves and are the expression of Divine Energy desiring to experience Itself.

We all have the answers within: we need only to locate the Source which for different people are manifested in numerous ways. Using outside tools as a method to tap into the Higher Self are fine as long as the individual realizes insights or wisdom begins and ends with that person. Some people commune with Spirit through prayer, yoga or devotional rituals. Some people channel the energy of outside entities, or ancestors, others use tools such as tarot, crystals, jewelry, palm reading, astrology or runes. Any method is acceptable as long as the communication lines are open with Higher Self.

Guided meditation or visualization is the most profound way I have discovered the link between feelings and emotions.

I believe that everything that has ever been is contained in each one of us. To analyze the ocean, only one drop of sea water is needed. And so it takes only one person's Spirit to know Universal Energy. One person's Spirit holds the answers to all. Every person is a drop of that Divine Energy. And that Energy can be felt in the body or seen visually as Light. We are drops of Light in the sea of humanity. When we embrace the Light, the fear of human existence vanishes.

One purpose for physical existence is to use our bodies as filters to purify our Light. To work through lessons by seeing the mirror of our own Energy in everything. We have free undisturbed will to make the choice of Light, Dark, or any shade in-between. The idea is to bring the heavy third dimensional frequency level upward to Spiritual freedom.

What keeps us from reaching the depths of our Divine Energy, from experiencing the Light is the trap of our own fear-based and judgemental perceptions.

These perceptions of reality are nothing more than our own thoughts given to us by our environment, our culture, and our society. Society has set the parameters of reality in such a manner that it acts as a prison, keeping us all in manageable, predictable situations. These barriers keep us from realizing our full potential and from experiencing oneness as true energy that is the source of all life. We have access to that Light whenever we choose. We need not be victims of the society in which we live. We are responsible to awaken

ourselves from sleep. It is our thoughts that keep the doors locked and block out the Light. Guided meditation is the tool I have chosen to transcend the confinement of this programming.

It is time for us to change our old patterns, to declare our freedom, and to wake up. It is important to experience the Light in every human being, material object, in every situation, in every part of our lives.

You may begin to realize that you can see beyond your limited desires, past this reality and into an expanded one. When you “see the Light,” you realize that your consciousness is what you choose it to be. Shed your old version of consciousness and walk toward the Light, become the Light, and send the Light.

 [Download Meditations for Awakening ...pdf](#)

 [Read Online Meditations for Awakening ...pdf](#)

Download and Read Free Online Meditations for Awakening Larry Moen

From reader reviews:

Robert Hollinger:

The knowledge that you get from Meditations for Awakening is a more deep you excavating the information that hide into the words the more you get serious about reading it. It doesn't mean that this book is hard to comprehend but Meditations for Awakening giving you enjoyment feeling of reading. The writer conveys their point in a number of way that can be understood by anyone who read it because the author of this e-book is well-known enough. This specific book also makes your personal vocabulary increase well. That makes it easy to understand then can go with you, both in printed or e-book style are available. We highly recommend you for having this Meditations for Awakening instantly.

Bradley Simpson:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their leisure time with their family, or all their friends. Usually they performing activity like watching television, about to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could be reading a book can be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the reserve untitled Meditations for Awakening can be very good book to read. May be it could be best activity to you.

Glen Bass:

Playing with family in a park, coming to see the sea world or hanging out with friends is thing that usually you could have done when you have spare time, then why you don't try issue that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Meditations for Awakening, you are able to enjoy both. It is great combination right, you still want to miss it? What kind of hang type is it? Oh come on its mind hangout fellas. What? Still don't get it, oh come on its referred to as reading friends.

Curt Stewart:

You may spend your free time to study this book this guide. This Meditations for Awakening is simple to bring you can read it in the park, in the beach, train along with soon. If you did not have much space to bring typically the printed book, you can buy typically the e-book. It is make you simpler to read it. You can save the particular book in your smart phone. Thus there are a lot of benefits that you will get when one buys this book.

Download and Read Online Meditations for Awakening Larry Moen #1LTJ7NWB0M9

Read Meditations for Awakening by Larry Moen for online ebook

Meditations for Awakening by Larry Moen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Meditations for Awakening by Larry Moen books to read online.

Online Meditations for Awakening by Larry Moen ebook PDF download

Meditations for Awakening by Larry Moen Doc

Meditations for Awakening by Larry Moen Mobipocket

Meditations for Awakening by Larry Moen EPub