



**The Fearless Footballer: Playing Without
Hesitation (A practical guide for building self-
confidence and personal courage in soccer and in
your personal life Book 1)**

Eitan Azaria

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Even in a packed stadium with 50,000 spectators, you will feel as if you are playing in your own backyard.

This book will take you by the hand and show you how to play without hesitation, and how to bring the same type of performance from practice to game time.

Whether you are a football player, a coach, an athlete, or a business owner who wants to reach his highest potential and take his game to the next level, this is the right place for you to start.

As a young football player, Eitan, searched for ways and methods to overcome the mental blocks he experienced, such as lack of confidence, fear of failure, performance anxiety, and differences between the ability he showed during games compared that he showed during practice. This led him on a personal journey, during which he studied almost every possible method used to fulfill potential. He made many mistakes, discovered what works and what does not. In the end, he packed all his knowledge into a practical, easy-to-read guide that enables every football player to show the same ability during games as they show so easily during practice.

This book will teach you step-by-step how to develop the confidence needed by competitive football players who aspire to succeed in football and to fulfill their dreams.

??? What will this book do for you?

This book will show you how to easily overcome the fears, concerns and pressure that are preventing you from playing a relaxed game, and how you can show the true abilities that you have and that are waiting to come out.

You will learn how to develop the character and personality of a fearless player! (...that player who performs special moves on the field that you too, can do well).

You will learn how to become “that football player” who loves to receive the ball during the most critical minutes of the game! “That player” who believes themselves to be the best player at that moment to receive the ball and to have an impact on the game!

??? After reading this book, you will be able to forget that you ever had fears or concerns such as:

- The fear of making critical mistakes
- The fear of ending your career because you missed something (and discovering that all your effort has been a waste of time)
- The fear of being injured
- The fear of failing during the last move
- The fear of not being good enough
- The fear of embarrassing yourself (and of making yourself look bad in front of everyone)
- The fear of the coach replacing you if you make mistakes
- The fear of losing the ball or of making a mistake when trying to score a goal
- The fear of harsh criticism from your coach or your teammates
- The fear of disappointing the people who are important to you
- The fear of disappointing yourself...
- The fear of missing a goal
- The fear of your opponent getting behind you in 1 v 1
- The fear of being stuck on the bench for the entire season

...and another 10 common fears [that you may have without even being aware of them].

After reading this book, you will show the same abilities during games as you show during practice

You will enjoy the game and be relaxed and good with the ball

You will have full concentration

You will be focused

You will think faster while you're in motion

You will succeed in those moves that before, seemed complicated or hard to perform

Every game will leave you feeling good (even if you didn't play a perfect game)

After this book you will not be able to wait for the game to start!

Because you are already able to play with confidence

You are able to focus and remain sharp during the final move

You will become that player who does not need to prepare too much before a game to be good. You will simply come to the game and stick out!

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Scottie Kelly:

A lot of people always spent their free time to vacation or even go to the outside with them family members or their friend. Did you know? Many a lot of people spent many people free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity this is look different you can read a book. It is really fun for yourself. If you enjoy the book that you just read you can spent the whole day to reading a book. The book The Fearless Footballer: Playing Without Hesitation (A practical guide for building self-confidence and personal courage in soccer and in your personal life Book 1) it is quite good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore very easily to read this book from your smart phone. The price is not to fund but this book has high quality.

Doreen Looney:

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