



Taking Charge of Your Child's Allergies: The Informed Parent's Comprehensive Guide

M. Eric Gershwin

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The number of children with allergies is astounding-nearly one child in six is said to suffer from some sort of allergy. The problems of these allergic children can be as mild as occasional attacks of hay fever or as severe as disfiguring eczema and life-threatening bronchial asthma. In addition to the obvious health problems associated with having allergies, affected children may experience recurring colds, painful ear infections, and other allergy linked conditions, all of which cause frequent school absences. Childhood allergies affect school performance adversely; they may be instrumental in reducing attention span, and they are certainly a major social, psychological, and financial burden for children and their parents. This book is a complete guide to childhood allergies presented in simple jargon-free language. It provides parents with comprehensive, up-to-date, and practical information and advice on how to help their allergic children. It identifies the many allergic symptoms, tells what they look like, how prevalent they are, what causes them, and what to do about them. It outlines steps parents can take to help their children understand, manage, and control their allergies. Its goal is to help parents and children cope effectively with a major childhood problem.

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