

Wrestling

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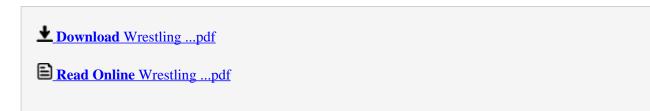
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Paladin is proud to continue its reprinting of the best of the classic V-5 series with this text on wrestling. Originally issued in 1943 and revised in 1950, "Wrestling" represented the results of years of study, research and coaching by the best wrestling minds in this country. Champion wrestlers from all levels tested all the maneuvers, and only those that proved to be feasible and fundamentally sound were included in this manual.



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