



# **Moondancing: Using the cycles of the moon to supercharge your creativity and manifest your dreams**

*Bernadette Rose Smith*

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# Moondancing: Using the cycles of the moon to supercharge your creativity and manifest your dreams

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## **Moondancing: Using the cycles of the moon to supercharge your creativity and manifest your dreams** Bernadette Rose Smith

What do the Law of Attraction and the Moon have in common? They dance! The moon is not just a shiny disk hanging in the sky. It's alive with the melody of every hope and dream cast its way. And manifestation is not work. It's a dance with energy. In life, every trip invites a leap – every trudge, a soulful shuffle. Crank up the music and put on your most comfortable shoes because there are no bad dancers in MoonDancing. Bernadette's playful, down to earth approach will have you tapping happy on the dance floor in no time – no matter where you are in the cycle of life. **WHAT YOU WILL FIND IN MOONDANCING:** ••• Dance Steps: A simple four-part formula, partnered with three phases of the moon, to supercharge your creativity and manifest your dreams. ••• Prompts: Over 30 quick, fun, insightful prompts to pick and choose from, designed to fit any schedule. Most can be done in less than 15 minutes! ••• Musing Pages: Spaces to capture your thoughts and store your moonbeams. Whether you write, scribble, doodle or clip 'n glue, these special pages, tucked after each prompt, invite you to make this dance your own. Don't be a wallflower. Open yourself to the joy found in the uniqueness of your dance. You came in humming a tune and now, with the Law of Attraction and the Moon on your dance card, you won't miss a step. Flip the pages and lets start dancing!

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