



Special Teams: The Winning Edge

Dick Arbuckle, Chuck Mottley

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This third edition of *Special Teams: The Winning Edge* has been updated to keep the book current, including additional schemes and strategies, as well as adaptations of existing schemes based on rules changes and trends. This book boasts a complete and detailed overview of sound special teams fundamentals, schemes, and techniques that is clear and straightforward, and includes necessary tools that can be applied to any college or high school program. Topics covered include philosophy, organization, punt protection/coverage/return/block, kickoff cover/return, PAT/field goal, scouting reports, game plan preparation, and player motivation.

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