



No mendigues amor (Spanish Edition)

Alberto Linero Gómez

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La dependencia afectiva es una de las formas más comunes de arruinar la vida de las personas.

Como toda dependencia, el “amor” desmedido lleva a la alienación y la enajenación. Por eso, quien mendiga afecto se entrega por entero a una persona y queda a merced de sus deseos y caprichos, olvidándose de sí mismo y atentando contra su propia dignidad.

Este libro le ayudará al lector a analizar los diferentes síntomas de la dependencia y le dará las claves para afrontarla y buscar una vida nueva.

Se trata de una amorosa reflexión que busca la liberación a partir del amor propio y la fe.

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