

# The Gentling Workbook for Teen and Adult Survivors of Child Abuse

William E. Krill



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Use the Stress Profile to understand your own unique symptom profile and to guide your healing process

#### Praise for Krill's Gentling model

"William Krill reminds us that 'gentleness is free', but the methodology and philosophy he puts into designing a protocol for treating stress disordered children is priceless. In this world where children are often disenfranchised in trauma care--and all too often treated with the same techniques as adults--Krill makes a compelling case for how to adapt proven post-trauma treatment to the world of a child." --Michele Rosenthal, HealMyPTSD.com

"William Krill's approach to treating PTSD in abused children employs a common sense oriented treatment that will not only help the child but will direct the clinician through the 'where do I go next?' question. This book is so needed in the world of PTSD and provides step-by-step understanding and treatment of the battered child."

--Marjorie McKinnon, Author of Repair for Kids: A Children's Program for Recovery from Incest & Childhood Sexual Abuse

Learn more at www.Gentling.org From the New Horizons in Therapy Series Loving Healing Press www.LHPress.com

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