



Minimalism: Declutter your life - a simple living guide to help simplifying life, decluttering and learn frugality and frugal living (

Lorena Katz

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Minimalism - Declutter Your Life!

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What Is Minimalism and Minimalist Living?

Minimalism can mean different things to different people. But in essence, the art of minimalism refers to the practice of simplifying life through frugal living and de-cluttering.

It means to get rid of things that don't serve an individual, in order to make room for things that one truly needs in his life path.

Minimalism is a tool that can help you find freedom. Freedom from the trap of materialism, from the neverending belief that we need to have more and more things. Real freedom.

In this simple-living step-by-step guide, the author goes over some basic practices to allow this to happen. By decluttering your life, house and every other aspect in your life – true freedom can be achieved. It is allowing one to focus on what's important, whilst ignoring the "noise". Decluttering and organizing is our goal.

Simplifying life – The Benefits of Living With Less

Frugality is the opposite of materialism. Simple living means having only what you need, and ignoring things you don't. Not spending time, energy or money on useless things makes life so much happier and easier. Frugal living allows for so much more happiness than buying can ever give a person.

Running a minimalist budget makes things easier and helps save money.
So, declutter your life – and start living like you always wanted to.

Here is a Preview of What you'll Learn:

- How to declutter your life and make room for more time and energy.
- How to organize, prioritize and become more time efficient.
- How decluttering your home can improve your mental state.
- Why decluttering books have the right idea when it comes to mental clarity.
- How a minimalist budget plan can help save you tons of money!
- and so much more (or less:))!

Grab a copy now! It has the ability to transform your life - all for a price of only 0.99\$!

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