



# The Book Of Pook

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## **The Book Of Pook** Pook

Pook wrote on the Sosuave forums back in 2000-2006, and then went on to write a blog spanning from 2006-2008 before he finally vanished (or at least retired the handle). Many of his forum posts are gone, but the best of his posts have since been compiled together by admirers into what is known as The Book of Pook. It has been passed down through generations of manosphere writers and today you will get the pleasure of reading it for yourself, if you have not already.

Why is the Book of Pook so great? Because it is written with beautiful purple prose, and offers salvation for the man lost in the eternal ennui of our emasculating culture. While other manosphere authors in the early 2000's were talking about pickup artist tactics to get laid, or sharing tips to build a stronger career, or finding that perfect girlfriend, Pook decided he did not want any of that.

Pook said: "I know how to get laid. I know how to make money. I know how to get a girlfriend. I know how to build a career. And yet why am I not happy?" "Because," Pook continues, "My entire life has been focusing on everything except me."

From Pook was birthed what is now known as the, "Men Going Their Own Way" movement, or MGTOW for short, although sometimes I wonder if this movement lives up to the ideals of its founder. For Pook was not about forsaking women, money, or any of the pleasures and passions of life, but instead wanted to teach men to explore the world with their own interests in mind so they could enjoy all facets of life to its fullest. Pook was an individualist who understood that a man's value grows with time (unlike a woman's value), and if it wasn't for Pook, I probably would not be half as learned and accomplished as I am today.

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