



I Was a Really Good Mom Before I Had Kids: Reinventing Modern Motherhood

Trisha Ashworth, Amy Nobile

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"I don't know how she does it!" is an oft-heard refrain about mothers today. Funnily enough, most moms agree-they have no idea how they get it done, or whether they even want the job. Trisha Ashworth and Amy Nobile spoke to mothers of every stripe working, stay-at-home, part-time and found a surprisingly similar trend in their interviews. After enthusing about her lucky life for twenty minutes, a mother would then break down and admit that her child's first word was "Shrek." As one mom put it, "Am I happy? The word that describes me best is *challenged*." Fresh from the front lines of modern motherhood comes a book that uncovers the guilty secrets of moms today . . . in their own words. *I Was a Really Good Mom Before I Had Kids* diagnoses the craziness and offers real solutions, so that mothers can step out of the madness and learn to love motherhood as much as they love their kids.

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