



# Women, Girls, and Addiction: Celebrating the Feminine in Counseling Treatment and Recovery

*Cynthia A. Briggs, Jennifer L. Pepperell*

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*Women, Girls, and Addiction* is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective. Part I of the book provides an overview of feminist theory and addiction counseling, followed by an historical look at women and addiction (research, treatment, demographics). The three chapters in part two give an in-depth look at the biological, psychological, and social factors of the experience of addiction as unique in women. The final section of the book presents a series of chapters spanning the lifespan, which each feature age-specific special issues, treatment strategies, interventions, and commonly encountered topics in therapy with the population.

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