



Build Your Dreams: How To Make a Living Doing What You Love

Chip Hiden, Alexis Irvin

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The Dream Share Project, a documentary and career workshop created by Chip Hiden and Alexis Irvin, has inspired thousands of college students across the U.S. In *Build Your Dreams*, Chip and Alexis transform their program into the ultimate career guide for a generation of "rebels" seeking passionate work. Through essays, anecdotes, exercises, tasks, and illustrations, *Build Your Dreams* offers a unique 5-stage framework (using the acronym DREAM) for 20-somethings to make a living doing what they love:

Discovery: This stage helps the reader unearth their passions and explores eight ways to test-drive a dream.

Research: Teaches how to break a big vision down into actionable and measurable mini-goals.

Embark: Offers guidance on financing a dream by providing Millennial-friendly expense-slashing techniques, easy-to-use budgeting templates, and fund-raising strategies..

Adapt: Utilizing anecdotes and exercises, this stage helps the reader surmount potential pitfalls on the path to their dream.

Maintain: Focuses on teaching the reader how to make their dream profitable.

Interactive, achievable, and enlightening, *Build Your Dreams* is the ultimate career guide for 80 million young people born between 1982 and 2001 who are poised to transform their passions into a fulfilling career and lifestyle.



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