

Our Favorite Recipes Under 400 Calories (Our Favorite Recipes Collection)

Gooseberry Patch



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Our Favorite Recipes Under 400 Calories (Our Favorite Recipes Collection) Gooseberry Patch Cookbook buyers who are counting calories will love the newest offering from Gooseberry Patch! *Our Favorite Under-400-Calorie Recipes* offers 60 delicious dishes with just 400 calories (or less!) per serving. Southwestern Vegetable Soup, Spicy Glazed Chicken with Barley and Kim's Crustless Pizza will become new family favorites. For entertaining, there's even Healthy Jalapeño Poppers and Pumpkin Mousse! With calories per serving called out on each recipe, the book also offers clever tips for boosting flavor while watching waistlines.

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Jennifer Stanley:

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