



Children with Sexual Behavior Problems: Family-Based, Attachment-Focused Therapy

William N. Friedrich

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Sexually inappropriate touching, language, and other actions on the part of children are difficult to diagnose and treat.

Prevailing taboos about sex and the misconception that inappropriate sexual behavior is always a sign of sexual abuse inhibits frank conversation and often leads families to hide problems.

Here William Friedrich, with more than 25 years of experience in the field, offers a research-based and clinically-proven method for assessment, diagnosis, and intervention with children and their families. This book distinguishes itself by Friedrich's emphasis on addressing sexual behavior problems from an attachment perspective.

This means that, whenever possible, inappropriate sexual behavior is considered in light of larger family dynamics, emotional security, and child development. It also implies that family therapy is the ideal treatment modality. An important part of helping a child who exhibits inappropriate behavior involves guidance and reinforcement in the home. Friedrich shows therapists how to include the whole family in the process while not endangering the child or alienating the family.

A key feature of *Children with Sexual Behavior Problems* is the Assessment and Treatment Manual that constitutes the second part of the book. Grounded in the research-based perspective articulated in Part 1, the Manual puts Friedrich's insights into practice. Clear guidelines for evaluation and diagnosis are offered and a wealth of forms for clinicians and clients are included in order to structure therapeutic work.

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